

STARTERS

CORN DOGS | 9.45

BATTERED IN HOUSE, NATHAN'S FAMOUS DOG, DIJON MUSTARD, KETCHUP

SUB VEGGIE DOG NO CHARGE

MEZE PLATE | 12.95

RED LENTIL HUMMUS, CHERRY TOMATO BRUSCHETTA, MARINATED CHICKPEAS, ROASTED GARLIC, VEGGIES & GRILLED FLATBREAD

YAM FRIES | 7.45

CHIPOTLE MAYO

BEER BATTERED FRIES | 7.45

LEMON PEPPER, PARSLEY, PARMESAN AIOLI

COLONY POUTINE | 9.45

HAND CHIPPED KENNEBEC POTATOES, CHEESE CURDS, VEGETERIAN MUSHROOM GRAVY

CHICKEN WINGS | 12.95

FRANK'S RED HOT, LEMON PEPPER, SRIRACHA SALTED

ADD RANCH OR BLUE CHEESE | 1.00

DRY FRIED SQUID | 13.45

SAMBEL OELEK, GREEN ONIONS, GREEN BEANS, CHILI GARLIC SAUCE

POTSTICKERS | 12.45

CHICKEN, PORK, CABBAGE, GARLIC, SAKE, HOT MUSTARD, GREEN ONION GINGER SAUCES

FRIED BUTTERMILK CAULIFLOWER | 11.45

CHIPOTLE MAYO

CRISPY FISH TACOS | 11.45

TWO HOUSE BATTERED COD TACOS, FRESH SLAW, HOUSE MADE PICO DE GALLO, CHIPOTLE MAYO, SANTA ROSA TORTILLA

ADD A TACO | 5.00

LOADED TATER TOTS | 10.95

BANANA PEPPERS, JALAPENOS, SOUR CREAM, GREEN ONIONS, CHIPOTLE MAYO, PICO DE GALLO

MARGHERITA'S NACHOS | 23.95

CRISP TORTILLAS, CHEDDAR, MOZZA, BLACK BEANS, GREEN ONIONS, ROASTED CORN, BLACK OLIVES, PICO DE GALLO, SOUR CREAM, HOUSE MADE GUACAMOLE, BANANA PEPPERS, JALAPENOS, CHOICE OF TACO BEEF, PULLED CHICKEN OR EXTRA CHEESE

COLONY NORTHWOODS

Nº3

KEEP GOOD COMPANY

HAPPY HOUR

MON - FRI FROM 3PM-6PM

NICKEL CHEESEBURGER | 5.00

NASHVILLE SLIDER DUO | 7.95

WINGS | 9.95

FRANK'S RED HOT, LEMON PEPPER, SRIRACHA SALTED, CB CHILI GARLIC
ADD RANCH OR BLUE CHEESE | 1.00

PARALLEL 49 CRAFT LAGER
PHILLIPS BLUE BUCK PALE ALE
WHISTLER ISA | 4.00

WELL HIGHBALL | 4.00

HOUSE RED OR WHITE WINE | 4.00

SALADS

SALMON COBB SALAD | 17.45

WILD PACIFIC SALMON, GRILLED LEEKS, CHARRED CORN, GEM TOMATOES, GODDESS DRESSING

LITTLE GEM CAESAR SALAD | 12.45

GEM LETTUCE, HOUSEMADE DRESSING, GRANA PADANO PARMASEAN

GRILLED AVOCADO BOWL | 13.95

SEASONAL GREENS, HOUSE MADE RANCH DRESSING, BLACK BEAN SALSA, PICO DE GALLO, RADISH, HEIRLOOM TOMATO

RAINBOW GLORY BOWL | 13.45

QUINOA, SPINACH, FRIED TOFU, CUCUMBER, BEETS, CARROTS, PUMPKIN SEEDS, ALMONDS, TAHINI DRESSING

ADD TO ANY SALAD:

GRILLED CHICKEN 5.00 | PRAWNS OR SALMON 6.00
4OZ CAB SIRLOIN | 7.00

FLATBREADS

BBQ CHICKEN FLATBREAD | 14.45

PULLED CHICKEN, HERB OIL, SPINACH, ROASTED GARLIC, GEM TOMATOES, ONIONS, AGED CHEDDAR, MOZZA

GREEK VEGGIE FLATBREAD | 14.45

SPINACH, HERB OIL, BELL PEPPER RINGS, GEM TOMATO, KALAMATA OLIVES, FETA, MOZZA



ROSSDOWN FARMS FREE RANGE LOCAL CHICKEN



CERTIFIED ANGUS BEEF



GLUTEN FRIENDLY



VEGETARIAN



VEGAN



MEALSHARE #BUY1GIVE1

MAINS

IRON SKILLET FAJITAS

SAUTÉED PEPPERS, ONIONS, CHEDDAR CHEESE, SOUR CREAM, PICO DE GALLO, SHREDDED LETTUCE, SANTA ROSA TORTILLAS OR LETTUCE CUPS

MUSHROOMS 15.95 | CHICKEN 16.95
PRAWNS 17.95 | 4OZ CAB SIRLOIN 18.95
ADD GUACAMOLE 3.00

ALL MAINS BELOW SERVED WITH KENNEBEC FRIES AND CHOICE OF SIDE

CHILI RUBBED GRILLED CHICKEN | 17.95

ROSSDOWN FARMS GRILLED FULL BREAST

BABY BACK RIBS | 22.95

FULL RACK DANISH BABY BACK RIBS, HOUSEMADE BBQ SAUCE

HALF RACK OF RIBS & CHICKEN | 20.45

HALF BREAST CHILI RUB CHICKEN, HALF RACK BABY BACK RIBS

8OZ CAB SIRLOIN STEAK | 24.95

CERTIFIED ANGUS BEEF, HOUSE RUB

DESSERT

MACARON ICE CREAM SANDWICHES | 9.00

3 SEASONAL MACARONS, VANILLA BEAN ICE CREAM
ADD 1 FOR 3.00

HANDHELDS

CB BURGER | 14.45

100% PURE BEEF PATTY, AGED CHEDDAR, BUTTER LETTUCE, TOMATO, RED ONION, PICKLES, BURGER SAUCE

VEGGIE BURGER | 13.95

BLACK BEAN AND BROWN RICE PATTY, GUACAMOLE, PICO DE GALLO, RED ONION, CHIPOTLE MAYO, BUTTER LETTUCE

SUB A VEGGIE PATTY FOR ANY OF OUR BURGERS FREE OF CHARGE

CRUNCHY CHICKEN SANDWICH | 15.45

HOUSE PICKLED RED ONION, ARUGULA, HERB MAYO

CAJUN CHICKEN SANDWICH | 14.95

CAJUN SEARED CHICKEN, AGED CHEDDAR, RED ONION, BUTTER LETTUCE, TOMATO, CHIPOTLE MAYO

NASHVILLE HOT CHICKEN SANDWICH | 14.95

SOUTHERN FRIED CHICKEN, TRADITIONAL CAYENNE BUTTER, PICKLES, BUTTER LETTUCE

FRIED FISH SANDWICH | 13.95

BEER BATTERED BC COD, AVOCADO TARTAR SAUCE, BUTTER LETTUCE

SIDES

CRUNCHY BROCCOLI SALAD | 5.95

MARINATED BROCCOLI, BEAN SPROUTS, CRISPY NOODLES, ALMONDS, SUNFLOWER SEEDS

KALESRAW | 5.95

CREAMY APPLE CIDER DRESSING, SUNFLOWER SEEDS

VEGGIE KEBABS | 6.45

ZUCCHINI, BELL PEPPERS, RED ONION, CRIMINI MUSHROOMS, HERB OIL

PANFRIED MUSHROOMS | 6.45

CRIMINI MUSHROOMS, CITRUS ROSEMARY BUTTER

2100 DOLLARTON HWY • COLONYBARS.COM • @COLONYNORTHWOODS

• ON TAP •

DRAFT	16OZ.	ABV%
PARALLEL 49 CRAFT LAGER	4.95	5.0%
WHISTLER RESCUE ISA	4.95	4.6%
PHILLIPS BLUE BUCK PALE ALE	4.95	5.0%
COORS BANQUET	5.75	5.0%
STRATHCONA PILSNER	5.75	5.0%
PHILLIPS SEASONAL	5.75	TBD
WHISTLER BREWING SEASONAL ALE	5.75	TBD
DRIFTWOOD FAT TUG IPA	5.75	7.0%
STRATHCONA SEASONAL	5.75	TBD
BELGIAN MOON	5.75	5.4%
PARALLEL 49 SEASONAL	5.75	TBD
PARKSIDE SEASONAL	5.75	TBD
VANCOUVER ISLAND SEASONAL	5.75	TBD
LONETREE CIDER	6.00	5.5%

LOCAL ROTATING TAPS 6.25 TBD

ASK YOUR SERVER WHAT'S ON TAP TODAY!

• BOTTLES & CANS •

MOLSON CANADIAN, CAD	5.75
OLD STYLE PILSNER, CAD	5.75
COORS LIGHT, USA	5.75
SOL, MX	6.25
HEINEKEN, NL	6.25
DOS EQUIS LAGER, MX	6.25
STRATHCONA BREWING RADLER, CAD	6.00
GLUTENBERG PALE ALE TALL BOY (GF), CAD	8.75
MILL ST. ORGANIC LAGER, CAD	6.25
KRONENBOURG BLANC, FR	6.25
GUINNESS, IR	8.00
STRONGBOW ORIGINAL DRY OR DARK FRUIT, GB	7.00
HEY Y'ALL SOUTHERN STYLE HARD ICE TEA, CAD	6.00

HEY Y'ALL BUCKETS OF 4 21.00

• COCKTAILS •

(ALL 20Z COCKTAILS)

COLONY LEMONADE	11.00
<small>JAMESON, PEACH SCHNAPPS, ROSEMARY INFUSED LEMONADE</small>	
OAXACAN MARGARITA	11.00
<small>OLMECA ALTOS TEQUILA, SOMBRA MEZCAL, LIME, SIMPLE SYRUP, EGG WHITES</small>	
NORTHERN OLD FASHIONED	11.00
<small>LOT 40 RYE WHISKEY, MAPLE BROWN SUGAR SYRUP, BLACK WALNUT BITTERS</small>	
MOSCOW MULE	11.25
<small>RUSSIAN STANDARD GOLD VODKA, FRESH LIME, GINGER BEER</small>	
CRAFT NEGRONI	9.50
<small>TEMPO GIN, BITTERHOUSE RUBATO, ROSSO VERMOUTH</small>	

• WINE •

WHITE	6OZ	9OZ	BOTTLE
NORTH 49 WHITE BLEND	7.25	9.75	29.00
HOUGHTON CROFTON CHARDONNAY	9.75	13.75	40.00
CEDAR CREEK PINOT GRIS	8.50	12.00	35.50
RIVERLORE SAUVIGNON BLANC	9.75	13.75	40.00
FITZPATRICK GEWURZTRAMINER	9.00	12.50	37.00
RED	6OZ	9OZ	BOTTLE
HESTER CREEK CABERNET MERLOT	7.25	9.75	29.00
CAMPO VIEJO TEMPRANILLO	8.50	12.00	35.50
MEZZOMONDO NEGROAMARO	7.25	9.75	29.00
DIRTY LAUNDRY CABERNET SAUVIGNON	9.00	12.50	37.00
THE HATCH ROSS "O" PINOT NOIR	9.75	13.75	40.00
BUBBLES	6OZ	BOTTLE	
THORNHAVEN WHITE INFUSION	8.75	39.00	
MUMM'S CORDON ROUGE CHAMPAGNE		125.00	

• HAPPY HOUR •

MON - FRI FROM 3PM-6PM

NICKEL CHEESEBURGER | 5.00

NASHVILLE SLIDER DUO | 7.95

WINGS | 9.95

FRANK'S RED HOT, LEMON PEPPER, SRIRACHA SALTED, CB CHILI GARLIC
ADD RANCH OR BLUE CHEESE | 1.00

PARALLEL 49 CRAFT LAGER
PHILLIPS BLUE BUCK PALE ALE
WHISTLER ISA | 4.00

10Z WELL HIGHBALL | 4.00

HOUSE RED
OR WHITE WINE | 4.00

• DAILY FEATURES •

MONDAY	ABSOLUT HIGHBALLS	4.50
	WHISTLER DRAFT	4.75
<small>TAPPED OUT TUESDAY</small>		
TUESDAY	ALL TAPS (14oz)	3.00
	HOUSE WINE	3.00
	JAMESON SHOTS	3.00
	SINGLE HIGHBALLS	3.00
WEDNESDAY	HOUSE RED OR WHITE WINE	4.25
	PHILLIPS SEASONAL	4.75
THURSDAY	ALL ROTATING TAPS	5.25
FRIDAY	PHILLIPS DRAFT	4.75
	ALL HOUSE COCKTAILS	\$1 OFF
SATURDAY	P49 DRAFT	4.75
	BRUNCH DRINKS TILL 2PM	5.00
SUNDAY	COORS BANQUET	4.75
	BELGIAN MOON	4.75
	JAMESON & OLMECA SHOTS	3.00
	BRUNCH DRINKS TILL 2PM	5.00

COLONY

NORTHWOODS

Nº3

KEEP GOOD COMPANY

• RESERVATIONS •

WE'D LOVE TO HOST YOUR PARTY
OR GROUP FUNCTION!
EMAIL US: INFO@COLONYBARS.COM

COME VISIT US FOR BRUNCH
WEEKENDS & HOLIDAYS UNTIL 2PM